



*All In and Staying the Course*  
*Weekend # 3*

# *Metamorphosis*



# What it takes to be All In - Stepping Out

1. Burn your ships (close the back door)
2. Clear Self-doubt or lack of self-trust
3. Keep yourself safe (do your inner work)
4. Know your calling will ask everything of you
5. Non-Attachment to outcomes
6. Recognize bright shiny objects
7. Own your power and ambition (sacred)
8. Get comfortable with taking risks
9. Connect consistently to your sacred calling
10. Not giving up too soon
11. Ask for support and guidance
12. Focus and structure
13. Realize you are ready

# Six Keys to Staying the Course

1. Know who you are
2. Embrace uncertainty and the unknown
3. Give yourself permission to do, be and have what you truly want
4. Cultivate a thriving inner dialogue with your divine guidance and calling
5. Find the support and manifestation strategy that is right for you
6. Redefine power and ambition

## *Definitions of Power*

Power is energy - a presence, a strength, a conviction and a sovereignty over your life.

Dictionary; power is the ability to do something or act in a particular way, especially as a faculty or quality.

Co-creating take power.

Manifesting your calling into a form will take true power.

*How do you have your true power serve your sacred calling and its expression?*

# *New Reflections on Power*

1. The power of presence
2. The power of loving
3. The power of knowing yourself
4. The power of trusting in yourself
5. The power of celebrating another
6. The power of open heartedness
7. The power of stillness
8. The power of choice
9. The power of your wild creativity
10. The power of beauty
11. The power of awe and wonder
12. The power of serving

# *Following a Sacred Calling*

**Be All in**

**Commitment**

**Dedication**

**Go the Distance**

**Patience**

**Radical Loving**

**Resiliency of Loving**

**Sovereignty of Self**

# *True Power and Sacred Ambition*

How does your ambition serve your calling?

And if it serves your calling is it sacred?



# All in and Staying the Course

1. Close the back door
2. Take risks
3. Permission to Do, Be and Have more of what you truly want rather than bright shiny objects
4. Follow Divine Guidance
5. True Power
6. Ambition

# *Your Sacred Ambition Declaration*

My sacred calling is \_\_\_\_\_.

The blessing (s) of my calling is \_\_\_\_\_.

My ambition serves my calling by \_\_\_\_\_.

The blessing of my ambition is \_\_\_\_\_.

My ambition is sacred because \_\_\_\_\_.

# *Weekend #3 - Wrap Up*

Themes covered so far in All In and Staying the Course

1. Following Divine Guidance (Both)
2. Bright Shiny Objects (Staying the Course)
3. Giving Yourself permission to Do, Be and Have more of what you truly want (Both)
4. Closing the Back Door (Being All in)
5. Taking Risks (Staying the Course)
6. True Power (Both)
7. Sacred Ambition (staying the course)