



All In and Staying the Course

Three Stages of Following Your Calling

Stage One - The Emergent Stage

Stage Two - Stepping Out and Coming out of
Hiding

Stage Three - On your way

Metamorphosis



Emergence is becoming comfortable in the uncomfortable and trusting the process.

Stepping out requires me to love myself fully no matter what.

Following a Sacred Calling

Be All in

Commitment

Dedication

Go the Distance

Patience

Radical Loving

Resiliency of Loving

Sovereignty of Self

Sacred Callings serve the highest good.

What is a bright shiny object?

Anything that exists in the world that our ego tells
us will give us what we want.

A temporary substitute for lasting fulfillment.

Examples of Bright shiny objects

Money - safety/security

Recognition and approval - self-esteem

Winning - self-esteem and assurance

Romantic partner - love

My way - control

Status symbol - fit in and belong

Spiritual psychic gift - superiority and false sense of knowing

Retreat # 2 - June 12, 13 Course Work

1. Step by Step practice with trusting Divine Guidance

-Create your own practice

2. Envision giving yourself permission

-mock it up

-what are you experiencing?

-act as if

-Other personal Sacred Calling practices